



Through God, We
Love, Laugh and
Learn.

ST. MICHAEL'S CE (VC) FIRST SCHOOL

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HELPING OUR PUPILS' EMOTIONS

The Hope Project

WHAT IS THE "HOPE PROJECT"?

"Hope" is a school based emotional support project which helps children and their families. The project offers early intervention for emotional need and promotes a whole school approach for emotional health & wellbeing. A child or young person may need someone to talk to about emotional, behavioural or social difficulties. *Hope* aims to provide this support and the space for listening and talking to a child/young person.

THE KIND OF PROBLEMS HOPE CAN HELP WITH ARE:

- * Any aspect of family life that may be affecting your child's emotional wellbeing
- * School refusal
- * Bullying
- * Behaviour
- * Anxiety
- * Sadness
- * Low self-esteem
- * Illness
- * Bereavement

WHO PROVIDES THE SERVICE?

At your school there is a team who support children and young people, that includes the Head Teacher, the Wellbeing Lead, the Special Educational Needs Co-ordinator (SENCo) and the Emotional Wellbeing/SEN TA. There will be other services that link with *Hope* such as Educational Psychology, School Nurse, Local Support Team (LST) and Child and Adolescent Mental Health Service (CAMHS) and more who may be able to offer advice and support.

HOW DOES A CHILD/YOUNG PERSON ACCESS THE HOPE PROJECT?

Typically, a child/young person, parent/carer or class teacher will contact someone in school (e.g. the Head Teacher, Wellbeing Lead or the SENCo) who will then co-ordinate the most appropriate person or service to help.

FOR FURTHER INFORMATION ON THIS PROJECT CONTACT:

Angela Whitney
(Deputy Head & Wellbeing Lead)

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(Emotional Wellbeing/SEN TA)

