



Appendix 1 - Relationships Education Scheme of Work

This document summarises the main Relationships Education content in the Entrust Scheme of Work. This has also been mapped against the statutory guidance for relationships education (REd), health education (H Ed) the Science (Sc) national curriculum.

Year	Theme	Key concepts	Vocabulary	R Ed	H Ed	Sc
FS	Me and my Relationships	Friends Families	Friend, like, sharing, caring, listening, understanding, fun, family, different, same, mum, dad, step mum, step dad, brother, sister, grandparent, auntie, uncle, cousin.	Y		
1	Happy and Healthy Me	Parts of the body Changes from baby to adult What can we do now and what can we do in the future	Head, neck, shoulders, arms, hands, fingers, legs, feet, toes, face, eyes, nose, mouth, ears, teeth, hair, knee elbow, child, teenager, elderly, change, needs, grow and develop.	Y		Y
	Me and My Relationships	Types of families Special people Friends Making choices	Family, relationship, different, similar, respect, care, love, look after, like, trust, share, listen, help, talk, kind, good friend and choice.	Y		
2	Happy and Healthy Me	Parts of the body Germs and diseases	clean, dirty, hygiene, washing, infection, disease, germ, spread, catch, illness, stop, cover, nurse, doctor and pharmacist.	Y	Y	
	Me and My Relationships	Getting on with others Dealing with conflict Teasing and bullying Changing relationships	Behaviour, affect, others, sharing, taking turns, helping, rules, fair, unfair, right, wrong, kind, unkind, special, change, loss, happy, sad, angry, remember, talk and share.	Y		
	Me and My Safety	Keeping safe in relation to people Surprises and secrets	Safe, unsafe, comfortable, uncomfortable, acceptable, unacceptable, secret, surprise, tell, no and stop.	Y		
	Me and Other People	Differences between boys and girls (not physical) Gender stereotypes Stonewall - Same Love Different Families	Boy, girl, male, female, family, same, different and similar.	Y		

Year	Theme	Key concepts	Vocabulary	R Ed	H Ed	Sc
3	Me and My Relationships	Differences between boys and girls (physical, emotional and social) Families Choices Friendships Arguments Choices and influences	Knee, elbow, shoulder, wrist, ankle, stomach, heart, lungs, brain, tongue male, female, boy, girl, changes, physical, emotional, social, teenager, family, parent, carer, partner, mum, dad, grandparents, step mum and step dad	Y	Y	
	Me and My Safety	Physical contact - acceptable and not acceptable Dealing with physical contact NSPCC PANTS resource	Acceptable, unacceptable, depends, worried, hurt, upset, tell, good secret, bad secret and surprise,	Y		
4	Happy and Healthy Me	Illness Spread of disease	Bacteria, virus, germs Ill, unwell, spread stop and hygiene		Y	
	Me and My Relationships	Life cycles in animals Changes experienced Introduction to puberty Feelings and emotions Good and bad touches Private parts Scenarios around physical contact Bad secrets Loss Violence in relationships	Life cycle, grow, change, mature, develop, puberty, body processes, inevitable, grow, bigger, taller, heavier, stronger, change, developing, feelings, emotions, moods, relationships, safe, unsafe, comfortable, uncomfortable, private, acceptable, unacceptable, feelings, loss, separated, died, relief, regret, remember, support, share, violence, enemy and responsibility.	Y	Y	Y
	Me and My Safety	Hazards online including relationships on line	On line, passwords, personal information, CEOP button and secret	Y		