



Through God, We
Love, Laugh and
Learn.

ST. MICHAEL'S CE (VC) FIRST SCHOOL

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23rd March 2023

Dear Parents and Carers

Re: Year 4 Swimming Lessons

Swimming for Year 4 will take place after the Easter break, as this is a statutory component of the PE curriculum. **Lessons will commence on Wednesday 19th April 2023.** The lessons will continue until the end of the academic year.

Swimming lessons will take place on Wednesday afternoons at Stone Leisure Centre and we will be walking to and from the venue.

Please ensure that your child has the correct kit on the days when lessons will take place. Kit should consist of the following:

One-piece swimming costume or swimming trunks / shorts
Towel
Swimming hat for all children

If your child wears earrings, they will be unable to wear them during swimming lessons. It is therefore advisable that they remove their earrings on the morning of the swimming day, to avoid loss of earrings at the swimming pool. Staff are not allowed to remove earrings for children, they must be able to do it themselves.

Goggles are recommended as they will support aquatic breathing and get the children confident in putting their face in the water. Every so often they will be asked to remove goggles, so they get used to swimming without them, and understand how to swim if they ever got into an emergency situation.

Nose pegs are not allowed as this restricts aquatic breathing.

If your child has a verruca, they must wear a verruca sock if they are to take part in swimming lessons.

As we walk to the leisure centre alongside the canal, we would appreciate any help you are able to offer. If you are able to volunteer your time, please indicate this when giving consent for your child to swim and someone will get back to you with further details. Please note that a school DBS check will be required.

Please complete the online form using the link below by Friday 31st March. If you have any further questions, please contact the office.

<https://forms.office.com/e/NGA366S201>

Yours sincerely
Miss A Whitney
Year 4 Class Teacher

