



Through God, We
Love, Laugh and
Learn



ROOTS & WINGS
NURTURE & WELL-BEING SERVICE

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ST. MICHAEL'S CE (VC) FIRST SCHOOL

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WHAT IS THE "ROOTS AND WINGS SERVICE"?

Through our Roots and Wings service, we offer early intervention for emotional need. A child or young person may need someone to talk to about emotional, behavioural or social difficulties.

This provision provides a safe, nurturing environment where every child is anchored by security and empowered to soar.

We believe that emotional well-being is the foundation of all learning. By building strong connections, fostering a deep sense of belonging, and cultivating a safe space to grow, we give our children the strong roots they need to feel stable, valued, and resilient.

As our children grow in confidence and self-belief, we equip them with the social, emotional, and academic tools to spread their wings—fostering the independence, curiosity, and courage they need to navigate the wider world and achieve their full potential.

'Grounded in love, ready for flight.'

THE KIND OF PROBLEMS 'ROOTS & WINGS' CAN HELP WITH ARE:

- * Any aspect of family life that may be affecting your child's emotional wellbeing
- * School refusal
- * Bullying
- * Behaviour
- * Anxiety
- * Sadness
- * Low self-esteem
- * Illness
- * Bereavement
- * Transition to middle school

WHO PROVIDES THE SERVICE?

At our school there is a team who support children and young people, that includes the Head Teacher, the Wellbeing Lead, the Special Educational Needs Co-ordinator (SENCo) and the Emotional Wellbeing/SEN TA. If there is a need for other services such as Educational Psychology, School Nurse and Child and Adolescent Mental Health Service (CAMHS) and more who may be able to offer advice and support.



HOW DOES A CHILD/YOUNG PERSON ACCESS THE SERVICE?

Typically, a child/young person, parent/carer or class teacher will contact someone in school (e.g. the Head Teacher, Wellbeing Lead or the SENCo) who will then co-ordinate the most appropriate person or service to help.

FOR FURTHER INFORMATION ON THIS PROJECT CONTACT:

Angela Whitney
(Deputy Head & Wellbeing Lead)

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(Emotional Wellbeing/SEN TA)